

MILO Western Relays

2019 Schedule of Events

TIME	EVENT #	TRACK EVENTS
10:00AM	35	1500m Women Open
10:08AM	36	3000m Men Open
10:25AM	9	400m Hurdles Women Open
10:33AM	10	400m Hurdles Men Open
10:53AM	1	110m Hurdles High School Boys Class 1
11:03AM	2	110m Hurdles High School Boys Class 2
11:13AM	3	100m Hurdles High School Boys Class 3
11:23AM	4	100m Hurdles Women Open
11:28AM	5	100m Hurdles High School Girls Class 1
11:33AM	6	100m Hurdles High School Girls Class 2
11:38AM	7	80m Hurdles High School Girls Class 3
11:43AM	8	70m Hurdles High School Girls Class 4
11:53AM	11	800m Men Open
12:08PM	12	800m Women Open
12:18PM	13	100m Men Open
12:43PM	14	100m Women Open
12:53PM	15	400m Men Open
1:03PM	16	400m Women Open
1:10PM	17	4 x 100m Prep School Boys
1:15PM	18	4 x 100m Prep School MD Race Boys
1:19PM	19	4 x 100m Prep School Girls
1:24PM	20	4 x 100m Prep School MD Race Girls
1:28PM	21	4 x 100m Primary School Boys
1:33PM	22	4 x 100m Primary School MD Race Boys
1:37PM	23	4 x 100m Primary School Girls
1:42PM	24	4 x 100m Primary School MD Race Girls
1:46PM	25	4 x 100m High School Girls Class 4
1:56PM	26	4 x 100m High School Girls Class 3
2:06PM	27	4 x 100m High School Girls Class 2
2:14PM	28	4 x 100m High School Girls Class 1
2:21PM	29	4 x 100m High School Boys Class 4
2:29PM	30	4 x 100m High School Boys Class 3
2:39PM	31	4 x 100m High School Boys Class 2
2:49PM	32	4 x 100m High School Boys Class 1
2:59PM	33	4 x 100m Clubs/Institution Men
3:04PM	34	4 x 100m Clubs/Institution Women

3:10PM NATIONAL ANTHEM PRESENTATION / PATRON / JUNIOR ATHLETES

3:40PM	37	4 x 800m High School Boys
3:50PM	38	4 x 800m Clubs/Institution Men
4:00PM	39	4 x 800m Women Open
4:08PM	40	4 x 200m High School Boys Class 1
4:19PM	41	4 x 200m High School Boys Class 2
4:34PM	42	4 x 200m High School Girls Open
4:42PM	43	4 x 200m Clubs/Institution Men
4:48PM	44	4 x 200m Clubs/Institution Women
4:54PM	45	Sprint Medley Men Open
5:06PM	46	Sprint Medley Women Open
5:14PM	47	4 x 400m High School Girls
5:24PM	48	4 x 400m High School Boys
5:42PM	49	4 x 400m Clubs/Institution - Women
5:52PM	50	4 x 400m Clubs/Institution - Men
		Field Events
12:30PM	51	Long Jump Women Open
3:30PM	52	Long Jump Men Open
12:30PM	53	High Jump Men Open

3:30PM

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High Jump Women Open